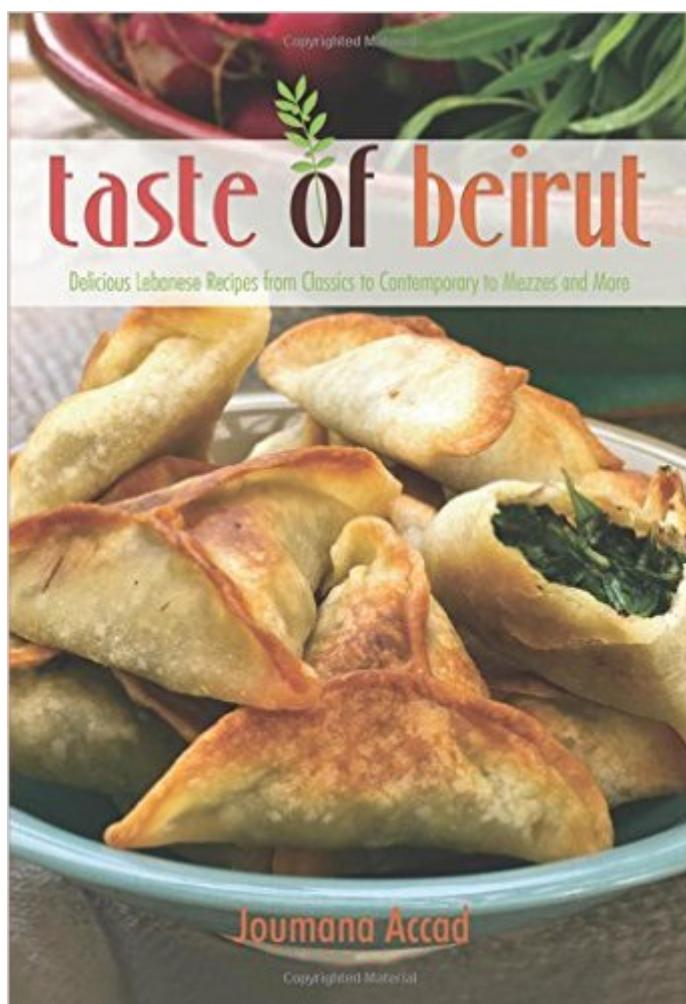


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Taste Of Beirut: 175+ Delicious Lebanese Recipes From Classics To Contemporary To Mezzes And More



Synopsis

Joumana Accad, creator of the blog TasteOfBeirut.com, is a native Lebanese, a trained pastry chef, and professional caterer. In her debut cookbook, the The Taste of Beirut, she shares her heritage through exquisite food and anecdotes, teaching anyone from newbies to foodies how to master traditional Lebanese cuisine. With over 150 recipes inspired by her Teta (grandmother) in their family's kitchen, Accad captures the fabulous flavors of the Middle East and makes them completely accessible to home cooks. Each recipe features step-by-step instructions, Accad's warm teaching style, and breathtaking color photographs that will make mouths water

Book Information

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Average Customer Review: 4.5 out of 5 starsÂ See all reviewsÂ (44 customer reviews)

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Customer Reviews

The five star reviews here have it right: of the many books on Middle Eastern cooking I have purchased, borrowed and read all but the ones by Claudia Roden have gone back to the library or have been discarded. This one is a keeper! I lived for four years in the Middle East and very much enjoy the grain, meat, vegetable-based diet the residents grew up with. These 175 recipes from the mountains outside of Beirut resonate with me. I have eaten many of these dishes in Lebanese restaurants and prepared them at home. Joumana Accad calls attention to the vegetarian/vegan nature of many of the traditions dishes in this cuisine. They are lovely on the plate and tasty on the palate! There are also ample fish, seafood, beef, lamb and chicken dishes to choose from. The full-color, high-quality photos provided with most dishes serve this book especially well. Readers can see the dish before they commit to it. The pictures boost confidence because they answer

questions like how thick should the filling be between those pastry/bread layers? What is the right consistency for a sauce or pudding or filling? What does properly cooked spinach look like? How might this be attractively served--to my family, for a party? Seeing is a big part of knowing how something should turn out. This is cooking from a different spice tradition than our New England forbearers used so a few special ingredients, herbs and spices will be necessary. The author explains how to find them and many of them are quickly found and ordered on line these days. A trained cook, the author has selected and crafted recipes that use these ingredients often enough to merit their place in your pantry.

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